

Dreams and Premonitions By Lillian Nader, M.Ed.



I've always had vivid dreams. My mom says I inherited her gift of dreams. Once when I was visiting a married couple, the wife tried to commit suicide with an overdose of drugs. The night she did this, I dreamed that a police officer approached me outside of their home and said, "Ginny is going to be all right." When I work up, her husband, who was extremely upset, told me what Ginny had done. He seemed utterly helpless and useless in this situation. His anger at her had overtaken his sense of responsibility and rendered him ineffective, whereas people usually looked to him for assistance.

Seeing the urgency of the situation, I immediately gave Ginny some very strong coffee and refused to allow her to sit or lie down. I walked with her while telling her I knew she would snap out of this because of my dream. She had faith in me and felt that my dream was an omen that she would, indeed, recover from her suicide attempt, which is exactly what did happen.

I believe the dream was given to me because I would remember and act upon it. I knew enough about dream symbols to know the policeman represented authority. Therefore, I had it "on authority" that Ginny would be okay.



On another occasion, I was employed in a very difficult teaching position at a special education developmental center for severely disabled children. One case in particular was beyond my power to improve, and the student's mother blamed me for his condition, which was severe brain damage. During summer break, while pondering whether to resign my position or continue working there, I had a significant dream. In my dream, I saw someone's hand writing on a wall. Although, I couldn't read the words, I realized the dream was helping me with my decision. I know that dream messages often appear in puns, and this was "the handwriting on the wall," telling me to move on to another form of employment more suited to my sensitive nature.

Another premonition dream was one of someone else dreaming about my car. A friend was supposed to meet me at my church for the first time. The night before we were to meet, she dreamed of a red car and a lady with black hair standing by it, shaking her head no. The next morning, my car wouldn't start. It had a dead battery. I called my friend to tell her about my car, and she asked if it was red. I said, "Yes, why?" She told me about her dream. The person she described sounded like a dear friend who had passed on.

Later, I had a paranormal experience with the same friend who had passed on. I woke up with the sense of her standing at the foot of my bed with a worried look on her face. She was holding some papers and seemed very distressed about them. It startled me to see her standing there, and the dream/vision or whatever it was, ended. Later that day, I was in an automobile accident while driving home from mailing some papers at the local mail station. The papers were an unusually large amount of information requested by a potential dentist. I later decided not to do business with that dentist.

I truly believe that dreams speak to us in puns, metaphors, and myriad symbols as well as feelings from the dream experience. Although I don't remember all my dreams, the really important messages are usually very vivid and easy to remember. Maybe I did inherit Mother's gift of dreams.



If you have precognitive dreams, please leave a comment and tell me all about it.

Lillian Nader, M.Ed. is an author, playwright, copyeditor, and educator. Her book for upper middle grade readers, *Theep and Thorpe: Adventures in Space*, is available at <http://Amazon.com>.



TIPS FROM THE EDITOR

Even the best writers need a second pair of eyes for editing. Authors usually miss errors because they know what they intend to say, and their brains fill in the details.

Errors in English are easy to make, and everybody makes them. Some common ones are the following:

1. Use of one word or two?

Use all right instead of alright; a lot rather than alot. EXAMPLES: It's not all right to write alright or alot although people make these errors a lot.

2. Different from versus different than.

Different from is better when comparing two things, but different than is used with clauses. EXAMPLES: Your book is different from mine. The movie is different than I thought it would be.

This entry was posted in Uncategorized on December 26, 2017.