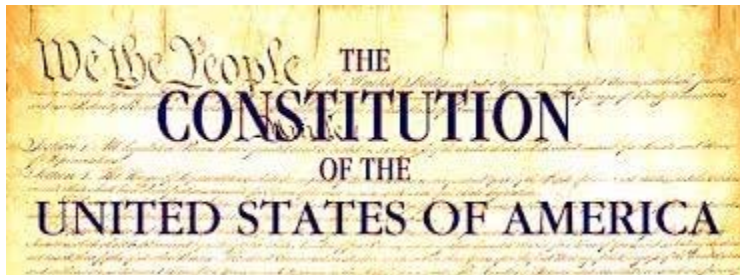


## LILLIAN'S OCTOBER 2020 NEWSLETTER



OUR POSTERITY



[View this email in your browser](#)

**"We the People of the United States, in Order to form a more perfect Union, establish Justice, insure domestic Tranquility, provide for the common defense, promote the general Welfare, and secure the Blessings of Liberty to ourselves and our Posterity, do ordain and establish this Constitution for the United States of America."**

Inspired by the Preamble written by our founding fathers in 1787, I wrote the following poem in 2020:

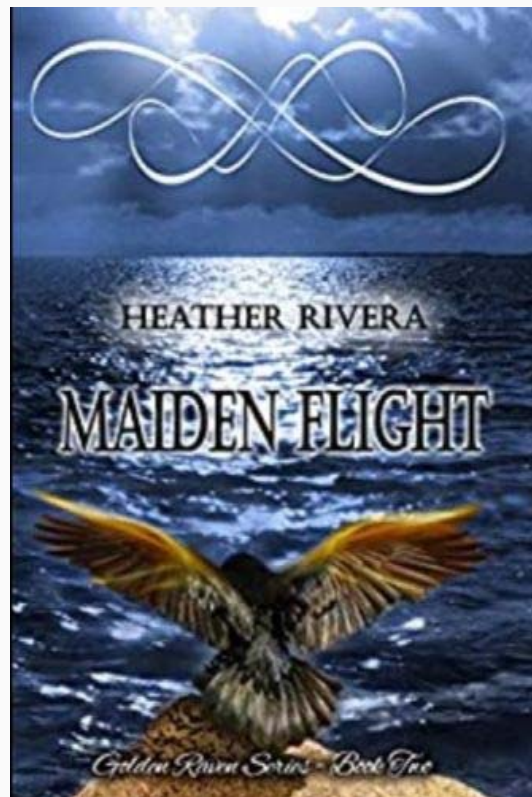
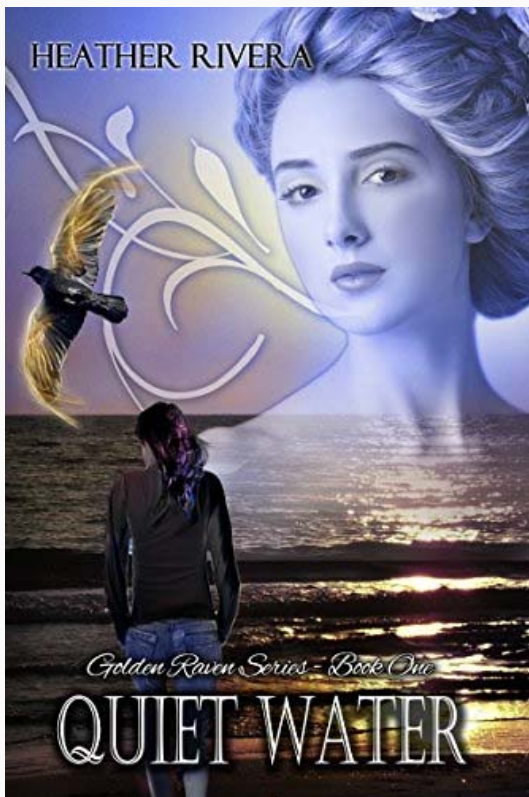
## **Our Posterity**

What is the legacy of our posterity?  
What will it be from sea to shining sea?  
    Brotherhood crowned by good,  
    Or camo and teargas in the hood?  
    A nation of peaceful democracy,  
    Or the one percent autocracy?  
    A sustainable planet for all,  
    Or a divided people doomed to fall?  
Shall we provide more clean energy,  
    Or continued mean mendacity?  
    What will be our choices  
    As we count ALL our losses?  
Will our blessings of liberty remain free  
    To guarantee our posterity.  
What will be the legacy of our offspring?  
    For how long will freedom ring,  
    If accountability is not a thing?  
Shall we elect the man of the hour,  
    Or the one to enliven our power?

---

Can we bring back common sense  
Into the present tense?  
With the Soul of Democracy at stake,  
We can't afford another mistake!  
For our country to stay afloat,  
We the People have got to Vote!

Suggested Reading



Click on the book cover to go to the Amazon site for each book by Heather Rivera in her Golden Raven Series.



## THE EDITOR'S CORNER

"It's better to be corrected privately by your editor than publicly in a review." Lillian Nader



## THE GRAMMAR GAME

Can you find errors in these sentences?

1. Monica asked whether she "could withdraw her paycheck early."

hint: Quotation marks are not used with indirect quotes. If her exact words are stated, quotation marks are required.

2. Did you ask, "Who said that" ?

hint: The words within the quotation marks form a question, so the question mark goes inside the quotation marks.

3. I went for a job interview today (my third one this week,) and I hope to be employed soon.

hint: Punctuation goes outside of the parentheses unless it's a question or exclamation.

4. Its a wise dog that scratches it's own fleas.

hint: It's is the contraction for it is, and its is the possessive form of it. It's a wise dog that scratches its own fleas.

5. According to "The Chicago Manual of Style," the phrasing *different from* is generally preferable to *different than*.

hint: Titles of books are italicized rather than enclosed in quotation marks.

Lillian Nader, M.Ed. is an author, playwright, copyeditor, and educator. She can be reached at [Lnader1910@sbcglobal.net](mailto:Lnader1910@sbcglobal.net) or visit her website at <https://lilliannader.com/copy-editing/>

## COACH'S CORNER



### Heather's Coaching Services

*Dr. Heather Rivera is an Amazon best-selling author. She has authored nine books- Non-Fiction, Fiction, and Young Readers. She has a Life Coaching certificate. Heather coaches writers from dreams to book-in-hand. She can help you too. Reasonable, hourly rates.*



Check out her coaching services at <https://www.heatherrivera.com/lonewalkerpress/>

If you have questions for Heather about writing, send her an email at [DrHeatherRivera@gmail.com](mailto:DrHeatherRivera@gmail.com) and she will try to answer it in her next newsletter.

## DR. MARJORIE MILES'S VIRTUAL WORKSHOP TUESDAY, NOVEMBER 10



Writing with Your Muse Workshops with  
Dr. Marjorie Miles

Looking for creative, artistic expression? Searching for new ideas for your business or other areas of your life? Enter the Creativity Studio of Your Dreaming Mind: the place where stories, fascinating characters, poetry, and inventions live. At the beginning of each session, you will experience a brief guided daydream to unleash your muse and spark the fuse of your creative writing expression. Join us on Zoom from the comfort of your own home the second Tuesday of each month. Save the date for our next virtual workshop:

TUESDAY, NOVEMBER 10 FROM 3:30 TO 5:30 PDT

Email Lillian at [Lnader1910@sbcglobal.net](mailto:Lnader1910@sbcglobal.net) to be added to our email list for the link to this meeting.

### **Our Posterity**

From Lillian's October Newsletter:

<https://mailchi.mp/56caee102e67/october-news-from-lillian-speaking-my-mind>

“We the People of the United States, in order to form a more perfect Union, establish Justice, insure domestic Tranquility, provide for the common defense, promote the general Welfare, and secure the Blessings of Liberty to ourselves and our Posterity, do ordain and establish this Constitution for the United States of America.”

Inspired by the Preamble written by our founding fathers in 1787, I wrote the following poem in 2020:

Our Posterity

What is the legacy of our posterity?  
What will it be from sea to shining sea?  
Brotherhood crowned by good,  
Or camo and teargas in the hood?  
A nation of peaceful democracy,  
Or the one percent autocracy?  
A sustainable planet for all,  
Or a divided people doomed to fall?  
Shall we provide more clean energy,  
Or continued mean mendacity?  
What will be our choices  
As we count ALL our losses?

Will our blessings of liberty remain free  
To guarantee our posterity.  
What will be the legacy of our offspring?  
For how long will freedom ring,  
If accountability is not a thing?  
Shall we elect the man of the hour,  
Or the one to enliven our power?  
Can we bring back common sense  
Into the present tense?  
With the Soul of Democracy at stake,  
We can't afford another mistake!  
For our country to stay afloat,  
We the People have got to Vote!

This entry was posted in Uncategorized on October 21, 2020.

### **Life Is a Metaphor**

September Newsletter Article <https://mailchi.mp/ee0f333ac8a2/life-is-a-metaphor-and-grammar-games-from-lillian>

Life Is a Metaphor

Wildfires, hurricanes, tornadoes, earthquakes, COVID 19, conflicting information, looting, rumors running rampant!

Surely there must be a logical explanation for current conditions that seem so out-of-control. If we look at life as a metaphor, then what does it all mean? From my perspective, it means to slow down and take a good look at each lie, each rumor, each situation, and go within to find the truth. Yes, we need facts to substantiate various claims via news and social media, but how do these facts relate to us as individuals? Are we letting our fears and preconditioned beliefs dictate our actions and reactions?

We must not allow ourselves to be stuck in negativity. It is up to us to raise our energy to a higher level. We make choices that influence our environment. Our thoughts become things, and they dictate the type of world we choose to live within. I teach this concept in my book, *Theep and Thorpe: Adventures in Space*. Although the book is geared toward young readers works for all of us and has been taught by various philosophers down through the ages. Does “You reap what you sow” sound familiar? There is a Universal Law called the Law of Attraction. It works by responding to our thoughts and feelings, whether negative or positive.

We live in both a physical world and a metaphysical world. Metaphysical, or spiritual, means that which is beyond the physical. I agree with some metaphysicians who suggest that the metaphor of current reality is the age-old battle of good vs. evil, or the light against the dark. There's a schism of choices. We can choose to fear change and cling to outdated, ineffective thinking, or we can open our hearts and minds to better choices for the evolution of humankind.

Here are some ways to improve one's mood and increase positive energy:

1. Spend time out in natural settings or any change of scenery with safety measures in place.
2. Count your blessings. Develop an attitude of gratitude for big and small pleasures such as a roof over your head, food to eat, and good friends and loved ones. Challenge yourself to find something positive in any situation.
3. Look around you. Notice what people you admire are doing and saying. Do they seem stuck, or are they resilient and adaptable to change? Set the intention to attract positive people to your environment.
4. Read books and watch programs that bring you joy and stimulate your mind.
5. Find and participate in creative outlets such as art, music, dance, creative writing, or journal writing for self-expression.
6. Exercise. Physical exercise is mood-enhancing and can improve your health.

This entry was posted in Uncategorized on October 5, 2020.